

the patients, take an account of any articles which the deceased has left, and, after the same has been duly signed by those persons as witnesses thereto, he is to take it with the articles to the Store Officer.

7. The Nursing Sisters are to assist in training the sick-berth attendants in practical nursing duties, in the method of handling patients, applying dressings, administering medicines, diets, and "extras," and in sick-room cookery.

8. They are to represent without delay any neglect of duty, or impropriety of conduct, on the part of any of the sick-berth staff or patients, to the Ward Master, who is responsible for the maintenance of discipline in the wards, as well as for the cleanliness of the wards, passages, staircases, furniture, &c. A report by the Nursing Sister to the Head Sister, detailing the facts, is also to be made in all such cases, and this report, together with the remarks of the Head Sister thereon, is to be forwarded by the latter to the Medical Officer in charge of the ward for such action as he may think desirable.

9. If Nursing Sisters are in any doubt or difficulty, reference is to be made at once to the Head Sister, who will, if necessary, bring the matter to the notice of the Medical Officer in charge of the ward, or Medical Officer on duty.

10. All reports or suggestions which Nursing Sisters may have to make relating to their duties are to be submitted through the Head Sister to the Principal Medical Officer, for the consideration of the Medical Director-General.

11. No member of the staff is at any time to accept a present from a patient or his friends; and any letters received by the Nursing Sisters from the patients are to be shown to the Head Sister.

12. The Medical Officer in charge of wards will, without delay, notify to the Head Sister any neglect or misconduct on the part of a Nursing Sister, and, if necessary, he will also report the same to the Principal Medical Officer, who is to forward a full report of the case to the Medical Director-General.

13. Letters that may be sent to the friends of patients from the Head Sisters are not to convey any medical opinion whatever on the case, unless such opinion is specially obtained from the Medical Officer, and is communicated with his sanction.

#### XI.

##### LEAVE OF ABSENCE AT HOME AND ABROAD.

1. Provided their services can be spared, a Head Sister may be granted leave for forty-two days in the year, and a Nursing Sister for thirty-five days, in both cases inclusive of Sundays. They may be allowed, in addition, an afternoon once in fourteen days, and every fourth Sunday from 8 a.m. to 10 p.m.

2. Of this leave, four days at a time may be granted by the Principal Medical Officer; but for any period exceeding four days the approval of the Medical Director-General will be necessary on the recommendation of the Principal Medical Officer.

3. In the case of the Head Sister, the application is to state the name of the Nursing Sister who will undertake her duties.

4. If serving at a Hospital outside the United Kingdom, each Nursing Sister will be allowed thirty-five days' leave a year, as at home, but with the option of reserving it from year to year for lengthened leave on return to England, provided that arrangements be made without putting the public to any expenses in pro-

viding substitutes; the maximum leave reserved being three months.

#### XII.

##### SICKNESS AND SALARY.

In the event of the illness of a Head Sister or Nursing Sister, she will be entitled to medical attendance in the establishment, and will be dieted in accordance with the prescription of the Medical Officer attending her. She will receive her full salary and allowances, but 1s. 6d. a day will be deducted in lieu of provisions, so long as she remains in the establishment as a patient.

If the illness is clearly attributable to the Service, no further reduction will be made; but if not attributable to the Service, the case will be considered after forty-two days, and dealt with according to circumstances.

#### XIII.

##### SISTERS UNDER MEDICAL CONTROL.

Nothing contained in the foregoing Regulations is to be taken as relieving the Head Sister and Nursing Sisters from being subject to the general control and supervision of the Principal Medical Officer of the Hospital to which they are attached.

### Conspicuous Courage.

Nurses, as a class, have never been wanting in physical courage, and often show a fine disregard of personal danger in their devotion to duty. From time to time it has been a pleasant task to record instances of bravery on the part of nurses, and once again a conspicuous instance of courage and resourcefulness in a member of our profession has been brought before our notice.

At the last meeting of the Committee of Management of the Lloyd Hospital, Bridlington, a resolution of thanks to Miss M. Cecil Lewis, the Matron, was enthusiastically passed for her conduct in the circumstances of exceptional stress and danger which we give in detail below.

A male patient, who subsequently proved to be mentally deranged, was admitted to the hospital, where he was placed in a single ward, suffering from acute rheumatism.

About 5.30 a.m., the Matron, Miss Lewis, heard sounds of screaming, and on going out into the corridor saw a patient named Grice rushing downstairs, followed by the new patient, who, it appears, had gone into Grice's room when he was asleep, sprung on him, and seized him by the throat. Ultimately the madman, having lost Grice, made a dash at the Matron, shouting "I will do for them all." He threw her to the ground with violence, but after a struggle she succeeded in freeing herself, though not before she had been almost strangled. Miss Lewis's courage and presence of mind in tackling the madman are especially commendable, because she might easily have gained personal security by entering a ward in which were several patients and two nurses, a course she refrained from adopting in her solicitude for the patients, although her life was in

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